

# *Proclamation*

## *by Governor Patrick Morrisey*

**Whereas,** in the United States there are an estimated 65.9 million women aged 40 and older; and

**Whereas,** approximately 105,889 women between the ages of 35 and 45 are in the State of West Virginia; and

**Whereas,** according to a 2025 study, more women between the ages of 35 and 45 have reported a medical confirmation of perimenopause; and

**Whereas,** perimenopause and its associated symptoms are a normal part of the aging process; and

**Whereas,** perimenopause can last anywhere from five to ten years, symptoms vary widely, and the changes can cause severe disruptions in mood, sleep, and physical health; and

**Whereas,** there is a need for better perimenopause awareness and education so that women can receive the medical support they need to take proactive steps toward symptom management; and

**Whereas,** it is crucial that we raise awareness about perimenopause among the public, health professionals, and policymakers to overcome the pervasive lack of information and the stigma that surrounds this transitional period, which often leaves women suffering in silence.

**Now, Therefore,** Be it Resolved that I, Patrick Morrisey, Governor of the Great State of West Virginia, do hereby proclaim *September 2026* as:

## *Perimenopause Awareness Month*

in the Mountain State and encourage all citizens to join me in observance.

**In Witness Whereof,** I have hereunto set my hand and caused the Great Seal of the State of West Virginia to be affixed.

**Done** at the Capitol, City of Charleston, State of West Virginia, this the Second Day of September, in the year of our Lord, Two Thousand Twenty-Six, and in the One Hundred Sixty-Fourth Year of the State.



*Patrick Morrisey*  
Governor

*By the Governor:*



*Kris Warner*  
Secretary of State