

Proclamation

by Governor Patrick Morrisey

- Whereas,** in the United States in 2025, an estimated 65.9 million women are aged 40 and older, and approximately 105,889 women between the ages of 35 and 45 reside in the state of West Virginia; and
- Whereas,** according to a new study in 2025, an increasing number of women between the ages of 35 and 45 have received a medical diagnosis of perimenopause; and
- Whereas,** perimenopause and its associated symptoms are a normal part of aging for women, yet many women and healthcare professionals lack sufficient knowledge and understanding of this phase; and
- Whereas,** perimenopause can last anywhere from five to ten years, with symptoms that vary widely and can severely disrupt mood, sleep, and overall physical health; and
- Whereas,** there is a need for greater awareness and education about perimenopause, as many women remain unaware of this stage of life and may not receive the medical support necessary to manage their symptoms proactively; and
- Whereas,** it is essential to raise awareness about perimenopause among the public, healthcare providers, and policymakers to address the lack of information and break the stigma that often forces women to endure this transition in silence.

Now, Therefore, Be it Resolved that I, Patrick Morrisey, Governor of the Great State of West Virginia, do hereby proclaim *September 2025* as:

Perimenopause Awareness Month

in the Mountain State and encourage all citizens to join me in observance.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of West Virginia to be affixed.

Done at the Capitol, City of Charleston, State of West Virginia, this the First day of September, in the year of our Lord, Two Thousand Twenty-Five, and in the One Hundred Sixty-Third Year of the State.



Patrick Morrisey
Governor

By the Governor:



Kris Warner
Secretary of State