

WEST VIRGINIA
SECRETARY OF STATE
KEN HECHLER
ADMINISTRATIVE LAW DIVISION

Form #5

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FILED IN THE OFFICE OF
THE SECRETARY OF STATE
THIS DATE May 19, 1989
ADMINISTRATIVE LAW DIVISION

**NOTICE OF AGENCY ADOPTION OF A PROCEDURAL OR INTERPRETIVE RULE
OR A LEGISLATIVE RULE EXEMPT FROM LEGISLATIVE REVIEW**

AGENCY: West Virginia Board of Education TITLE NUMBER: 126

CITE AUTHORITY: 18-2-9

RULE TYPE: PROCEDURAL _____ INTERPRETIVE _____ Legislative _____

EXEMPT LEGISLATIVE RULE _____

CITE STATUTE(s) GRANTING EXEMPTION FROM LEGISLATIVE REVIEW _____

AMENDMENT TO AN EXISTING RULE: YES X, NO _____

IF YES, SERIES NUMBER OF RULE BEING AMENDED: 44A (Policy 2520.06)

TITLE OF RULE BEING AMENDED: Health Program of Study (Learning Outcomes)

IF NO, SERIES NUMBER OF NEW RULE BEING ADOPTED: _____

TITLE OF RULE BEING ADOPTED: _____

THE ABOVE RULE IS HEREBY ADOPTED AND FILED WITH THE SECRETARY OF STATE. THE
EFFECTIVE DATE OF THIS RULE IS June 30, 1989

Burman L. Estep
May 17, 1989

Title 126
LEGISLATIVE RULE
WEST VIRGINIA BOARD OF EDUCATION
CHAPTER 18-2
SERIES 44A(2520.06)

TITLE: HEALTH PROGRAM OF STUDY (LEARNING OUTCOMES)

Section 1

General

- 1.1 This legislative rule constitutes the health education program requirements.
- 1.2 Authority - WV Code 18-2-9.
- 1.3 Filing date - ~~May 17, 1989~~
- 1.4 Effective date - June 30, 1989
- 1.5 Repeal of former rule - This is a modification of Policy 2520.06.

Section 2

Applicability

The health education program of study is a K-12 sequence of related areas of study which constitute the subject matter to be offered in the public schools of West Virginia, e.g., reading, mathematics, science.

Section 3

Components

EARLY CHILDHOOD EDUCATION

Level K - This area of study includes identification of the need for basic health and hygiene practices and care of the body.

Level 1 - This area of study includes identification and practice of habits that enhance health, including nutrition, hygiene and rest. Recognition of the need for first aid is included.

Level 2 - This area of study includes identification of the relationship of health practices to good health. Feelings and emotions are addressed. Drug and tobacco use and misuse, dangers of poisons and transmission of disease is included.

Level 3 - This area of study includes the identification of the body systems and the effects of diet and health habits on growth and health status. Family functioning and peer behaviors are included in relation to how they affect emotions.

Level 4 - This area of study includes identification of the functioning of the body systems. Nutrition and its relationship to growth and health is included. The spread of disease and methods for prevention as well as the relationship of hazardous substances to health are addressed.

MIDDLE CHILDHOOD EDUCATION

Level 5 - This area of study includes comparison of the function and interrelationships of the body systems, and how health practices influence the functioning. The effects of emotions are included. The effects of alcohol and tobacco use are emphasized. The principles of cardiopulmonary resuscitation (CPR) are introduced.

Level 6 - This area of study includes identification of principles of growth and development, especially as they relate to pubescence. Consumer health aspects including lifestyle choices, nutrition and substance abuse are included. First aid knowledge and performance is also addressed.

Level 7 - This area of study includes understanding of the relationship of body systems on maturation and emotional functioning. Peer and family relationships and methods for coping are included. Drug and tobacco use and abuse are included in relation to law. Communicable disease and its relationship with immunity is explored.

Level 8 - This area of study includes recognition and implementation of coping skills as needed in peer, social and family relationships to benefit mental health. Social problems and diseases occurring as a result of drug or alcohol abuse are identified and treatments explored. Implementation of procedures to treat injuries are included. The structure and function of major body systems and effects of health habits are reviewed.

ADOLESCENT EDUCATION

Levels 9-12 - These levels of study emphasize evaluation of the interrelationships of the human body systems including the impact of growth and development, disease, use and abuse of drugs and tobacco. Consumer health is addressed in relation to health care choices, costs, impact on society, prevention of disease and personal and community responsibilities. Human sexuality and its physical and emotional components are evaluated. The ability to perform CPR is demonstrated and laws related to emergency aid are explored.

HEALTH EDUCATION PROGRAM OF STUDY

Early Childhood Education

Level K - This area of study includes identification of the need for basic health and hygiene practices and care of the body.

Learning Outcomes - The learner will:

1. Know the parts of the body (e.g., head, trunk, arms, legs).
2. Recognize gender.
3. Demonstrate a knowledge of the five senses.
4. Demonstrate a knowledge of body cleanliness.
5. Demonstrate a knowledge of brushing and rinsing techniques.
6. Demonstrate a knowledge of the body's need for sleep.
7. Recognize the relationship between clothes, weather and health.
8. Demonstrate a knowledge of good posture while sitting and standing.
9. Recognize and understand the body's need for exercise.
10. Demonstrate an understanding of why first permanent molars are important.
11. Recognize the benefits of fluoride toothpaste and other fluoride products.
12. Demonstrate an understanding of how sugar contributes to tooth decay.
13. Demonstrate a knowledge of nutritious foods.
14. Demonstrate a knowledge of acceptable table manners.
15. Understand the need for cleaning and caring for minor injuries and seeking adult help.
16. Recognize the universal sign for choking and immediately seek adult help.
17. Recognize the universal label for poisonous substances.
18. Demonstrate an understanding of poisons found in the home.
19. Recognize and understand the importance of not using any medicine or drug without permission of parent(s)/guardian(s).

(Level K cont.)

20. Demonstrate a knowledge of feelings.
21. Demonstrate an understanding of need for caution among strangers.
22. Recognize the right to personal body privacy.
23. Demonstrate an understanding of good touch versus bad touch.
24. Recognize the need for reporting child abuse.
25. Recognize the causes and effects of pollution.

HEALTH EDUCATION PROGRAM OF STUDY

Early Childhood Education

Level 1 - This area of study includes identification and practice of habits that enhance health, including nutrition, hygiene and rest. Recognition of the need for first aid is included.

Learning Outcomes - The learner will:

1. Recognize similarities and differences between individuals.
2. Demonstrate a knowledge of the sequence of human growth and realize that bodies undergo physical change.
3. Demonstrate a knowledge of the term handicapped.
4. Demonstrate a knowledge of the importance of corrective aids for the senses.
5. Demonstrate a knowledge of good posture while standing, sitting, walking and lifting.
6. Demonstrate a knowledge of body cleanliness methods.
7. Demonstrate a knowledge of prevention of communicable diseases.
8. Demonstrate a knowledge of the need for visits to the dentist and the doctor.
9. Demonstrate a knowledge of primary and secondary teeth.
10. Recognize the importance of good dental hygiene techniques.
11. Recognize the value of the use of fluorides for the prevention of tooth decay.
12. Recognize acceptable table manners.
13. Recognize nutritious foods.
14. Distinguish between imaginary ills and sickness.
15. Recognize the universal sign for choking and procedure for getting help for a choking victim.
16. Recognize the need for cleaning and/or caring for puncture wounds, cuts, abrasions, bites and stings.
17. Analyze the reasons for having the universal labels for poisonous substances.

(Level 1 cont.)

18. Recognize the use and misuse of prescribed medications and over the counter drugs.
19. Demonstrate a knowledge of ways to increase self-esteem.
20. Demonstrate a knowledge of positive expression of feelings.
21. Demonstrate a belief in sharing and helping.
22. Recognize the right not to be abused or neglected.
23. Recognize the need for safety consciousness/personal safety in relation to strangers, animals, water and poisonous plants.
24. Develop an awareness of being conscious of safety around strangers and family.
25. Become aware of procedures for preventing and reporting actual and attempted child abuse or molestation within your immediate community.
26. Demonstrate a knowledge of pollution as it relates to health.

HEALTH EDUCATION PROGRAM OF STUDY

Early Childhood Education

Level 2 - This area of study includes identification of the relationship of health practices to good health. Feelings and emotions are addressed. Drug and tobacco use and misuse, dangers of poisons and transmission of disease is included.

Learning Outcomes --The learner will:

1. Recognize individual differences of people.
2. Demonstrate a knowledge of stages of human growth.
3. Identify the five main senses.
4. Recognize good health and sickness.
5. Demonstrate knowledge that exercise is beneficial to good health.
6. Recognize the body's need for sleep.
7. Demonstrate a knowledge of ways germs can be carried.
8. Understand the facts relating to the spread of communicable disease.
9. Recognize the importance of personal cleanliness to good health.
10. Demonstrate a knowledge of the effects of environment as it relates to health.
11. Recognize the importance of the primary teeth and secondary teeth.
12. Recognize the proper procedures for brushing, flossing and rinsing the teeth.
13. Recognize the importance of dental and medical check-ups.
14. Recognize the effects of diet.
15. Distinguish between nutritious and non-nutritious foods.
16. Demonstrate a knowledge of sanitary food practices.
17. Demonstrate acceptable table manners.
18. Compare the benefits vs. problems related to cleaning and caring for bleeding wounds, punctures, abrasions, bites and stings.
19. Review the importance of reporting an emergency and knowing parent/guardian's name, address, phone and work number.

(Level 2 cont.)

20. Execute the universal sign for choking.
21. Observe safety consciousness/personal safety in relation to strangers, animals, water, poisons, poisonous plants and understand methods for preventing and reporting actual and attempted child abuse or molestation.
22. Know the universal label for poisonous substances.
23. Recognize the uses and misuses of prescription and non-prescription drugs.
24. Demonstrate a knowledge of how over the counter drugs are misused.
25. Recognize the dangers of using illicit drugs.
26. Demonstrate a knowledge of the effects of tobacco products.
27. Recognize positive methods of expressing feeling.
28. Recognize ways of getting along with others.
29. Demonstrate knowledge of when sharing is unacceptable.
30. Recognize ways to increase self-esteem.
31. Demonstrate a knowledge of local community health services.
32. Recognize various health careers.

HEALTH EDUCATION PROGRAM OF STUDY

Early Childhood Education

Level 3 - This area of study includes the identification of the body systems and the effects of diet and health habits on growth and health status. Family functioning and peer behaviors are included in relation to how they affect emotions.

Learning Outcomes - The learner will:

1. Recognize stages of human growth.
2. Demonstrate a knowledge of the muscular and skeletal systems.
3. Demonstrate a knowledge of the parts of the tooth.
4. Demonstrate a knowledge of the respiratory system.
5. Demonstrate a knowledge of the circulatory system.
6. Recognize preventive health practices.
7. Demonstrate a knowledge of the importance of recreation.
8. Recognize the value of cleanliness in relation to personal health.
9. Distinguish between communicable and non-communicable diseases.
10. Demonstrate knowledge of disease transmission.
11. Recognize the body defenses against diseases.
12. Recognize environmental effect on health.
13. Recognize sanitary food practices.
14. Demonstrate a knowledge of the types of teeth and their function.
15. Recognize the proper brushing, flossing and rinsing techniques.
16. Recognize the effects of diet on growth, health and fitness.
17. Demonstrate a knowledge of the basic food groups.
18. Evaluate dining etiquette practices.
19. Internalize the need for safety consciousness/personal safety particularly in relation to strangers, animals, water, poisons, poisonous plants and preventing and reporting actual and attempted child abuse or molestation.

(Level 3 cont.)

20. Know the components of reporting an emergency and how to match the type of emergency with the person(s) and agencies notified for assistance.
21. Demonstrate a knowledge of the importance of following directions when taking medications.
22. Analyze the use, misuse and abuse of prescription and non-prescription drugs.
23. Recognize harmful effects of tobacco and alcohol on the body.
24. Recognize the use of illicit drugs in our society.
25. Demonstrate a knowledge of feelings, emotions and attitudes.
26. Show concern for the self-esteem of others.
27. Demonstrate a knowledge of peer pressure and how to cope.
28. Demonstrate a knowledge of family disruptions and how to cope with them.
29. Demonstrate a knowledge of health product advertising.
30. Demonstrate a knowledge of health careers.
31. Recognize community health agencies.

HEALTH EDUCATION PROGRAM OF STUDY

Early Childhood Education

Level 4 - This area of study includes identification of the functioning of the body systems. Nutrition and its relationship to growth and health is included. The spread of disease and methods for prevention as well as the relationship of hazardous substances to health are addressed.

Learning Outcomes - The learner will:

1. Demonstrate a knowledge of the functions of the organs of the circulatory and respiratory systems.
2. Demonstrate a knowledge of the three basic parts of the nervous system.
3. Identify stages of human growth.
4. Demonstrate a knowledge of heredity.
5. Demonstrate a knowledge of the elements of physical fitness.
6. Recognize leisure and recreational activities.
7. Demonstrate a knowledge of the diseases related to the respiratory and circulatory systems.
8. Demonstrate a knowledge of disease and care of eyes, ears, gums, mouth, nose and skin.
9. Recognize how microorganisms spread diseases.
10. Demonstrate a knowledge of the food groups found in a well balanced meal.
11. Demonstrate a knowledge of the sources of vitamins.
12. Recognize the dangers of over indulging in the eating of foods.
13. Demonstrate a knowledge of basic first aid in caring for minor injuries.
14. Recognize those emergencies that require immediate action.
15. Recognize safety hazards, such as dealing with strangers, child abuse, and molestations and demonstrate knowledge of reporting methods.
16. Recognize the importance of following directions when taking and storing prescription and non-prescription drugs.

(Level 4 cont.)

17. Demonstrate a knowledge of the alternatives to substance use and abuse.
18. Recognize illnesses associated with the use of tobacco or alcohol products.
19. Recognize the dangerous use of illicit drugs in our society.
20. Demonstrate a knowledge of peer relationships.
21. Recognize changing feelings associated with growing up.
22. Recognize and develop methods to cope with upset feelings.
23. Demonstrate a knowledge of health products that may be beneficial.
24. Evaluate the effects of pollution on the community and on oneself.
25. Recognize various health careers.

HEALTH EDUCATION PROGRAM OF STUDY

Middle Childhood Education

Level 5 - This area of study includes comparison of the function and interrelationships of the body systems and how health practices influence the functioning. The effects of emotions are included. The effects of alcohol and tobacco use are emphasized. The principles of cardiopulmonary resuscitation are introduced.

Learning Outcomes - The learner will:

1. Demonstrate knowledge of the parts of the following systems: respiratory, circulatory, nervous, digestive, excretory, muscular, skeletal and reproductive.
2. Demonstrate a knowledge of the function of the parts of the circulatory and respiratory system.
3. Recognize the stages of human growth.
4. Recognize the physical and emotional changes that occur during pubescence.
5. Recognize that all individuals have different personalities and physical characteristics.
6. Recognize the importance of the four elements of physical fitness (strength, flexibility, cardiovascular, muscular endurance).
7. Recognize the correct posture for: walking, sitting, running, standing and reclining.
8. Recognize how lifestyle choices can affect the risk of disease and other health problems.
9. Recognize the importance of daily cleanliness to health.
10. Recognize and discuss the importance of oral health in relation to the digestive system, speech, appearance and personality.
11. Demonstrate a knowledge of the nutritive content of the four food groups.
12. Recognize symptoms and render assistance to victims who require immediate action for choking.
13. Recognize the imminent need for aiding victims who require artificial respiration and demonstrate the ability to perform these functions.
14. Demonstrate understanding of how to prevent and report abuse.

(Level 5, cont.)

15. Recognize the effects that alcohol, tobacco and other drugs have on the circulatory, digestive, excretory, musculoskeletal and nervous systems.
16. Demonstrate a knowledge of the effects that inhaling chemicals has on the body.
17. Recognize the factors involved in making a decision to use or not to use tobacco or alcohol.
18. Recognize the effects of environmental pollution on health.
19. Recognize how emotions can affect behavior and body functions.
20. Recognize the relationship between the social environment and emotions.
21. Recognize that individual behavior may be influenced by peer pressure.
22. Recognize that persons sometimes need help in dealing with emotions.
23. Recognize and discuss the impact of death.
24. Identify sound medical advice.

HEALTH EDUCATION PROGRAM OF STUDY

Middle Childhood Education

Level 6 - This area of study includes identification of principles of growth and development, especially as they relate to pubescence. Consumer health aspects including lifestyle choices, nutrition and substance abuse are included. First aid knowledge and performance is also addressed.

Learning Outcomes - The learner will:

1. Recognize the parts of the seven body systems.
2. Demonstrate a knowledge of the interrelationship of the endocrine and reproductive systems.
3. Analyze the life cycle stages.
4. Identify the physical and emotional changes occurring during pubescence.
5. Recognize the physical, social and emotional benefits of regular exercise and fitness.
6. Demonstrate a knowledge of immediate and long range effects of health habits on the body.
7. Demonstrate knowledge of the relationship of lifestyle choices to the risk of heart disease.
8. Demonstrate a knowledge of the importance of following medical advice.
9. Demonstrate a knowledge of nutrition labeling.
10. Demonstrate a knowledge of the importance of nutrients to good health.
11. Recognize sanitary food handling methods to prevent poisonings and diseases.
12. Demonstrate a knowledge of dental plaque and its relationship to oral disease.
13. Know and possess the skills to perform first aid for bleeding and shock.
14. Understand that in certain accident situations, rendering aid should be immediate and/or, then followed by, going for assistance.
15. Display safety consciousness in relation to such things as dealing with strangers, child abuse or molestation, and demonstrate a knowledge of methods of preventing and reporting.

(Level 6 cont.)

16. Recognize hazards and side effects of medication.
17. Recognize health hazards associated with substance abuse.
18. Recognize reasons people engage in substance abuse.
19. Demonstrate the ability to express feelings in constructive ways.
20. Recognize positive and negative aspects of stress.
21. Recognize how behavior contributes to self-esteem.
22. Recognize the impact of peer pressure on health choices.
23. Recognize sources of health information and services.

HEALTH EDUCATION PROGRAM OF STUDY

Middle Childhood Education

Level 7 - This area of study includes understanding of the relationship of body systems on maturation and emotional functioning. Peer and family relationships and methods for coping are included. Drug and tobacco use and abuse are included in relation to law. Communicable disease and its relationship with immunity is explored.

Learning Outcomes - The learner will:

1. Demonstrate a knowledge of the structure and function of the endocrine system and the changes that occur during puberty.
2. Recognize the necessity for personal cleanliness appropriate for changes that occur during puberty.
3. Analyze the effects of physical exercise on the human body.
4. Demonstrate a knowledge of the ways in which poor oral health will affect general health.
5. Recognize the difference between natural and acquired immunity.
6. Demonstrate knowledge of how various communicable diseases are transmitted.
7. Evaluate how lifestyle and personal health practices relate to diseases and disabilities.
8. Recognize the methods of fertility control.
9. Identify and explain methods of preventing sexually transmitted diseases.
10. Recognize and understand nutrition labeling.
11. Evaluate diets according to nutritional requirements.
12. Show an awareness of the proper emergency care in life threatening situations (e.g., arrested breathing, severe bleeding, poisoning, shock, heart arrest, etc.).
13. Recognize the importance of reading and understanding information provided on medication labels.

(Level 7 cont.)

14. Demonstrate a knowledge of the physical, mental and social effects of substance abuse.
15. Recognize the purpose of laws that regulate drugs (e.g., alcohol, tobacco, non-prescription, prescription and illicit drugs).
16. Recognize alternatives to the use of drugs.
17. Demonstrate a knowledge of setting realistic personal goals.
18. Demonstrate a knowledge of changes in feelings and emotions associated with middle childhood.
19. Recognize how emotions can produce and relieve tension.
20. Recognize ways to cope with family conflicts.
21. Recognize the effects of peer pressure on behavior.
22. Recognize the health services in the community..

HEALTH EDUCATION PROGRAM OF STUDY

Middle Childhood Education

Level 8 - This area of study includes recognition and implementation of coping skills as needed in peer, social and family relationships to benefit mental health. Social problems and diseases occurring as a result of drug or alcohol abuse are identified and treatments explored. Implementation of procedures to treat injuries are included. The structure and function of major body systems and effects of health habits are reviewed.

Learning Outcomes - The learner will:

1. Recognize the structure and function of the major body systems.
2. Recognize the effect of exercise on cardiovascular function.
3. Demonstrate a knowledge of man's efforts to understand, treat, control and prevent disease.
4. Demonstrate a knowledge of the effects of nutrients on appearance and performance.
5. Recognize environmental factors that affect health.
6. Be familiar with emergency measures and safety practices that will help reduce or prevent the severity of damage and injury during emergencies and disasters that may affect the community and/or individual/family.
7. Evaluate the effect of appearance and personality on attitudes and self-esteem.
8. Demonstrate a knowledge of coping skills beneficial to mental health.
9. Identify the characteristics of a positive relationship.
10. Demonstrate a knowledge of social relationships in maturation.
11. Demonstrate a knowledge of responsible behavior in social relationships.
12. Analyze the present and future implications of teenage pregnancy.
13. Recognize ways to cope with parent-child conflicts.
14. Recognize child abuse and how to obtain assistance.

(Level 8 cont.)

15. Recognize a decision regarding drug use is a personal decision which can affect others.
16. Recognize social problems resulting from the inappropriate use of alcohol. —
17. Evaluate the effects of alcohol on the human body.
18. Recognize the meaning of psychological dependence, physiological dependence and tolerance related to drug use.
19. Recognize the relationship between substance levels and acute and chronic disease.
20. Recognize agencies which provide information and treatment regarding substance use and abuse.

HEALTH EDUCATION PROGRAM OF STUDY

Adolescent Education

Level 9 - 12 - These levels of study emphasize evaluation of the interrelationships of the human body systems including the impact of growth and development, disease, use and abuse of drugs and tobacco. Consumer health is addressed in relation to health care choices, costs, impact on society, prevention of disease and personal and community responsibilities. Human sexuality and its physical and emotional components are evaluated. The ability to perform CPR is demonstrated and laws related to emergency aid are explored.

Learning Outcomes - The learner will:

1. Recognize the structure and function of the skin.
2. Demonstrate a knowledge of structure and function of the human reproductive system.
3. Recognize the physiological stages of pregnancy and birth.
4. Evaluate the methods of fertility control.
5. Evaluate interrelationships of the human body systems.
6. Evaluate the general growth patterns of males and females throughout the life cycle.
7. Recognize how various handicapping conditions affect physical growth and development.
8. Evaluate the contributions of the senses to good health.
9. Analyze the relationship between personal hygiene and appearance.
10. Evaluate effects and benefits of physical exercise.
11. Evaluate use of fluoride in prevention of dental cavities.
12. Recognize that nutritive requirements and caloric intake vary with age, sex, body size, activity level.
13. Analyze the major causes and effects of being overweight or underweight.
14. Analyze diet.
15. Identify the various classifications of "causes of disease."

(Level 9 - 12 cont.)

16. Recognize the need for required immunizations.
17. Analyze lifestyle and personal health practices related to disease and disabilities.
18. Analyze the diseases and disorders of the organs and systems of the human body.
19. Analyze methods of preventing sexually transmitted diseases.
20. Recognize the risk factors and warning signs and symptoms associated with cancer.
21. Evaluate diseases associated with smoking and tobacco use.
22. Recognize the disease and treatment of alcoholism.
23. Evaluate how environmental health problems impact on personal and community health.
24. Recognize the leading causes of death.
25. Analyze the impact of death, natural, tragic, or through long-term illness.
26. Demonstrate knowledge of acquired behavior patterns and suggest methods for changing undesirable patterns of behavior.
27. Recognize factors which contribute to positive and negative self-concept. (e.g., interaction with others, goal setting, values, etc.).
28. Recognize how self-concept affects personality.
29. Evaluate how emotions affect behavior.
30. Evaluate the effects of stress on the body.
31. Analyze methods of coping with stress.
32. Recognize hierarchy of human needs.
33. Demonstrate a knowledge of mental disorders.
34. Analyze society's attitudes toward mental health and mental illness.
35. Recognize suicidal warning signs.
36. Identify resources available to people considering suicide.

(Level 9 - 12 cont.)

37. Evaluate conflicts within family relationships.
38. Evaluate changing family relationships.
39. Assess the values of opposite sex friendships.
40. Evaluate the role of dating in developing mature relationships.
41. Evaluate the different types of love.
42. Evaluate affectionate behavior as it relates to human relationships.
43. Recognize the factors affecting a marital relationship.
44. Recognize the significance of family planning.
45. Recognize the responsibility of parenthood.
46. Recognize sources of parenting education and counseling.
47. Analyze the present and future implications of teenage pregnancy.
48. Analyze the implications associated with child abuse.
49. Evaluate the use and abuse of drugs.
50. Analyze how drug groups affect the mind and the body.
51. Demonstrate knowledge of drug treatment programs.
52. Analyze the psychological appeal of drugs.
53. Recognize physiological effects of tobacco and cannabis.
54. Analyze the sociological implications of alcohol abuse.
55. Distinguish between "dependence" and "tolerance" of drugs.
56. Evaluate the physiological and psychological effect of alcohol on the body.
57. Demonstrate the ability to apply basic first aid techniques.
58. Demonstrate the administration of CPR.
59. Understand the Good Samaritan Laws pertaining to emergency medical service that are applicable in West Virginia.
60. Evaluate the cost of medications, health care and health plans.
61. Demonstrate a knowledge of medical quackery.

(Level 9 - 12 cont.)

62. Evaluate criteria to be used in selecting medical services.
63. Evaluate the availability and accessibility of existing community emergency services.
64. Identify community resources available for health care.
65. Recognize health related careers.